

CHECKLIST FOR SURGICAL PROCEDURES

While you should discuss with your Medical Practitioner the requirements for each procedure, the information below is supplied as a general guideline.

Prior to Surgical Procedure

- Do not take fluids or at least four (4) hours or eat solids for six (6) hours before the procedure
- Do not wear make-up, nail polish or pins in your hair
- Be at the hospital at least two (2) hours before time of surgery. If you are late your procedure will have to be postponed until a later time.
- Notify the surgeon of any change in your physical condition e.g. colds, infection, etc.
- Leave valuables at home

After Your Operation

- Arrange for a responsible adult to accompany you home
- Do not ingest alcoholic beverages or take medication not specifically prescribed for at least 24 hours
- Do not drive or operate machinery for 24 hours
- Important decision-making should be delayed for at least 24 hours